



DEVELOPING COMMUNITY, CAPACITY AND SPIRIT:

Building the 'me and us' in people's lives

If your work relates to communities, or with individuals who would benefit from greater community connection in their lives, you'll get real benefit from this workshop. Policy makers, managers, community and human services workers, volunteers and community members have all found this framework clarifying, motivating and practical.

It provides a simple and powerful framework for working with and in communities. Importantly, it also enables participants to link community development practice (the 'us') to 'person centred' and 'wellness' approaches that have a strong focus on the wellbeing of individuals (the 'me').

The training is in two parts: 'Understanding the approach' and 'Applying the Approach':

UNDERSTANDING THE APPROACH

(8:45am – 12:45pm)

Developing Community

- How do we ensure that our policies and practices develop, and don't diminish, community?
- How do we actively contribute to 'communities' that are able to support local people?

Developing Capacity

- How do we contribute to empowering rather than just serving, the people we work with?
- How do we contribute to strong networks of relationship around people?
- How do we ensure that people's ideas of 'what I/we can be or do' are responded to, turning them into action?

Developing "Spirit"

- How do we help create social environments that develop, and don't choke, the spirit of the people and communities we work with?

APPLYING THE APPROACH

(1:30pm – 4:45pm)

This segment of the workshop applies the approach ('Developing Community, Capacity and Spirit') to real life scenarios and challenges from the participants' work or living.

Through interaction, dialogue, and some additional frameworks we will explore keys to successful community development, and person-focussed work in a community setting.

This not only allows you to apply the learnings directly to your work, but also helps you see how your work fits with the perspectives of people working at different levels in the human services sector.



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WHEN:

THURSDAY MAY 28TH, 2015

8:45 – Registration and networking for 9:00 start.

12:45 – 1:30 Lunch

4:45 – Finish.

COST:

\$297, including lunch, GST and course materials.

(If you wish to attend the morning only, 'Understanding the Approach' the cost is \$198, excluding lunch).

WHERE:

WOLLASTON CONFERENCE CENTRE

WOLLASTON RD, MT CLAREMONT

TO REGISTER:

PLEASE CLICK THE LINK PROVIDED BELOW - PLACES ARE LIMITED!

A limited number of places are available at significantly reduced prices for active community members who are not in full time employment. Please contact Tim directly at tim.csdnetwork.com.au if you want to be considered for one of these places.

THE TRAINER: TIM MUIRHEAD

TIM MUIRHEAD, of the CSD Network has more than 20 years experience as a trainer, adviser and practitioner in community development and related fields. 'CSD' Stands for 'Community, Development, and Spirit', and summarises Tim's approach to working with people, together. Over the last fifteen years people working in the fields of mental health, disability, community development, family support, multi-cultural services and local government have found Tim's approach particularly valuable. Tim also specialises (with Aboriginal colleagues) in Aboriginal/non-Aboriginal relations, and is the author of '*Weaving Tapestries: A handbook for building communities*'. For more information about Tim visit his website at www.csdnetwork.com.au